



## Aspiring Foundations Federated Nursery Schools

### Personal, Social and Emotional Development

Personal, Social and Emotional Development is really important in helping your child to successful in life. It supports children's development by helping them to interact effectively and to develop positive attitudes to themselves and others. However, this does not happen in isolation and relies on influential adults such as parents and carers providing them with positive feedback and modelling appropriate behaviour.

Personal , Social and Emotional Development is broken down into three aspects:

- Self-confidence and self-awareness
- Managing feelings and behaviour
- Making relationships

At Warrington Road Nursery School we operate a really strong Key Person policy. Your child will be allocated to a key person who will come and visit them at home and then support and help them to settle in. We aim to keep the key groups as consistent as possible so that your child will meet the same children each day and therefore be able to begin to build relationships with other children. From the outset children learn to plan their own day deciding what they want to do, who they want to work with, and what they might do next. The adult role is to work alongside your child supporting their learning and development as they play. The adults are effective in this as they will know your child really well. Children are encouraged to be independent; accessing resources themselves, thinking about how to solve problems, learning how to use language to help them to do this etc. We know that young children are learning about how to manage their behaviour. We will support them to learn about their own feelings and how to recognise how other children may be feeling. We also use lots of stories and resources to help us to do this.