

Diwali



The children experienced a visit from Adeela, a Bollywood dancer as part of our Diwali celebrations.

Adeela introduced the children to the story of Rama and Sita and the meaning behind the colourful traditions of Diwali.

The children dressed up in Indian costume, wearing scarves wrapped around their heads or bodies to take on the roles of Rama and Sita.



Adeela explained to the children that Diwali is the festival of lights and just like Bonfire night there are fireworks.

After watching a demonstration of energetic dance based on Diwali, the children copied the moves and took part in a group dance before cooling down their bodies.



The children tasted some Indian food, including Naan bread, poppadoms, mango chutney and Riata which the children really enjoyed. We talked about the types of food that may be eaten at a Diwali celebration.